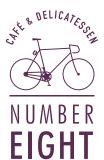
CAFÉ & DELICATESSEN



www.no8launceston.co.uk



WE LOVE BREAKFAST TIME AT NO. 8 AND WE PREPARE EVERYTHING TO ORDER FROM FRESH SO DURING BUSY TIMES PLEASE ALLOW A LITTLE BIT OF EXTRA TIME FOR US TO GET IT JUST RIGHT FOR YOU. SIT, RELAX AND ENJOY THE WAIT...IT'LL BE WORTH IT!

BREAKFAST

Fancy some Hogs Pudding? Add 95p

BIG CORNISH BREAKFAST

- £9.25 -

2 bacon, 2 Mr Warren's Old Cornish sausages, hash browns, fried or scrambled egg, tomatoes, mushrooms, baked beans & toast

TRADITIONAL CORNISH BREAKFAST

- £7.95 -

Bacon, Mr Warren's Old Cornish sausage, fried or scrambled egg, tomatoes, mushrooms, baked beans & toast

VEGETARIAN BREAKFAST

- £7.95 -

Veggie sausages, hash browns, fried or scrambled egg, tomatoes, mushrooms, baked beans & toast

MR WARREN'S **SMOKED OLD CORNISH SAUSAGE** BACON **SANDWICH**

SCRAMBLED EGGS ON TOAST - £5 -

SANDWICH - £6.50 -







- £5.45 -



Keep up to date with No. 8 news & events and don't forget to post a review on Tripadvisor! Allergy Advice Some of our dishes contain nuts and we cannot guarantee dishes are nut free as all food is freshly prepared on-site in one kitchen. If you have a particular allergy or intolerance please speak to a member of staff before placing your order.

EGGS BENEDICT

- Smoked Salmon £7.50 -
- Cornish Smoked Bacon £7 -

Served with a poached egg and Hollandaise sauce on toasted granary or Littlebakehouse Sourdough

SMASHED AVOCADO BREAKFAST TOAST

- £7.25 -

On Littlebakehouse Sourdough with a poached egg Add bacon (50p per rasher)

Note: Smashed avocado contains chilli flakes

HOGS PUDDING BUTTY

- £6.25 -

Deep fried Cornish pork sausages topped with a fried egg in between Parkers Traditional Thick Sliced White Bread

BREAKFAST COMFORTS

Comforting carbs to kick-start your day!

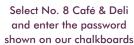
Toast £1.55/£2.60 Sourdough £1.60/£2.75 Teacake £2.45 **Crumpets** £2.45 £2.45 Croissant

All of the above are served with your choice of strawberry jam, marmalade, marmite, honey or Nutella

Ham & Cheese Croissant* £2.75

*subject to availability













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LUNCH

LITE BITES & SIDES

Homemade Soup of the Day With a wedge of bread & croutons or add 30p for gluten-free bread option	£5.25
Goat's Cheese & Cranberry on Toast Thick toasted granary bread topped with cranberry grilled goat's cheese, dressed rocket & cherry toma	
Smashed Avocado & Feta on Toast On sourdough toast with dressed rocket	£6.95
Deep Fried Cod Chunks With a side salad & tartare sauce	£6.95
Sweet Potato Fries	£3.50
Mixed Olives Served with toasted ciabatta slices & balsamic dip	£4.50

FLATBREADS & NACHOS

Beef Chilli Flatbread With fresh chillies, grated cheddar & sour cream	£7.95
BBQ Pulled Pork Flatbread With grilled mozzarella	£7.95
Chicken & Stilton Flatbread	£7.95
Nachos £6.95 Crispy tortilla chips topped with peppers, melted cheese, salsa & guacamole	
Chilli Beef Nachos As above but with the addition of our homemade be	£7.95 ef chilli

SALADS

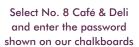
Fresh mixed salad leaves, cherry tomatoes, red onions, peppers, seasoned potatoes and your choice of		
Chargrilled Tuna Steak	£9.25	
Grilled Halloumi & Roasted Peppers	£8.95	
Chargrilled Chicken & Bacon	£8.75	
Warm Goat's Cheese & Pear With fruit chutney	£8.95	

CIABATTAS & SANDWICHES

Choose from our options shown here or select your own fillings from the deli counter

CIABATTAS	SANDWICHES*	OPEN CIABATTAS
Brie & Smoked Bacon £6.95	Prawn Cocktail £6.25	Pulled Pork & Mozzarella Ciabatta £7.50
Ham, Cheddar & Red Onion Chutney £6.95	Chicken & Avocado Club £6.25	Pan Seared Halloumi & Red Onion Ciabatta £7.95
BBQ Chicken, Sliced Beef Tomato, £6.95	Brie, Grape & Cranberry £5.50	With Smashed Avocado
Cracked Pepper & Melted Mozzarella	Spiced Tuna £5.75	Cornish Rarebit Ciabatta £7.50
Mediterranean Vegetables, £6.95 Pesto & Mozzarella	*All our sandwiches can be made with gluten-free bread (30p extra)	No. 8 Secret Recipe

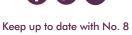












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DON'T FORGET TO CHECK OUT OUR TEMPTING SPECIALS ON THE CHALKBOARDS