



WE LOVE BREAKFAST TIME AT NO. 8 AND WE PREPARE EVERYTHING TO ORDER FROM FRESH SO DURING BUSY TIMES PLEASE ALLOW A LITTLE BIT OF EXTRA TIME FOR US TO GET IT JUST RIGHT FOR YOU. SIT, RELAX AND ENJOY THE WAIT...IT'LL BE WORTH IT!

## BREAKFAST

### TRADITIONAL CORNISH BREAKFAST

- £7.95 -

Bacon, sausage, fried or scrambled egg, tomatoes, mushrooms, baked beans & toast

### BIG CORNISH BREAKFAST

- £8.95 -

2 bacon, 2 sausage, hash browns, fried or scrambled egg, tomatoes, mushrooms, baked beans & toast

### VEGETARIAN BREAKFAST

- £7.85 -

Veggie sausages, hash browns, fried or scrambled egg, tomatoes, mushrooms, baked beans & toast

### EGGS BENEDICT

- £6.95 -

Served with smoked salmon or Cornish smoked bacon with two poached eggs and Hollandaise sauce on toasted granary or sourdough bread

### SMASHED AVOCADO BREAKFAST TOAST

- £6.95 -

On sourdough with a poached egg (gluten-free bread option, add 30p)

### FROM THE BAKERY

All served with proper Cornish butter & preserve

Granary or White Toast	£1.45/£2.50
Sourdough Toast	£1.55/£2.75
Toasted Teacake	£2.35
Crumpets	£2.35
Oven Baked Croissant	£2.35
Ham & Cheddar Croissant*	£2.75

\*Subject to availability

**MR WARREN'S  
OLD CORNISH SAUSAGE  
SANDWICH**  
- £5.95 -

**SMOKED  
BACON  
SANDWICH**  
- £5.45 -

**SCRAMBLED  
EGGS  
ON TOAST**  
- £5 -



Select No. 8 Café & Deli and enter the password shown on our chalkboards



Keep up to date with No. 8 news & events and don't forget to post a review on Tripadvisor!

**Allergy Advice** Some of our dishes contain nuts and we cannot guarantee dishes are nut free as all food is freshly prepared on-site in one kitchen. If you have a particular allergy or intolerance please speak to a member of staff before placing your order.

### GRANOLA OR MIXED MUESLI

- £4 -

Served with Trewithen Dairy natural yoghurt



# NUMBER EIGHT



SERVED FROM  
11AM TO 2.30PM

## LUNCH

### LITE BITES & SIDES

Homemade Soup of the Day With a wedge of bread & croutons or add 30p for gluten-free bread option	£5.25
Goat's Cheese & Cranberry on Toast Thick toasted granary bread topped with cranberry sauce, grilled goat's cheese, dressed rocket & cherry tomatoes	£6.75
Smashed Avocado & Feta on Toast On sourdough toast with dressed rocket	£6.95
Deep Fried Cod Chunks With a side salad & tartare sauce	£6.95
Sweet Potato Fries	£3.50
Mixed Olives Served with toasted ciabatta slices & balsamic dip	£4.50

### FLATBREADS & NACHOS

Beef Chilli Flatbread With fresh chillies, grated cheddar & sour cream	£7.95
BBQ Pulled Pork Flatbread With grilled mozzarella	£7.95
Chicken & Stilton Flatbread	£7.95
Nachos Crispy tortilla chips topped with peppers, melted cheese, salsa & guacamole	£6.95
Chilli Beef Nachos As above but with the addition of our homemade beef chilli	£7.95

### SALADS

Fresh mixed salad leaves, cherry tomatoes, red onions, peppers, seasoned potatoes and your choice of	
Chargrilled Tuna Steak	£9.25
Grilled Halloumi & Roasted Peppers	£8.95
Chargrilled Chicken & Bacon	£8.75
Warm Goat's Cheese & Pear With fruit chutney	£8.95

## CIABATTAS & SANDWICHES

Choose from our options shown here or select your own fillings from the deli counter

### CIABATTAS

Brie & Smoked Bacon	£6.95
Ham, Cheddar & Red Onion Chutney	£6.95
BBQ Chicken, Sliced Beef Tomato, Cracked Pepper & Melted Mozzarella	£6.95
Mediterranean Vegetables, Pesto & Mozzarella	£6.95

### SANDWICHES\*

Prawn Cocktail	£6.25
Chicken & Avocado Club	£6.25
Brie, Grape & Cranberry	£5.50
Spiced Tuna	£5.75

\*All our sandwiches can be made with gluten-free bread  
(30p extra)

### OPEN CIABATTAS

Pulled Pork & Mozzarella Ciabatta	£7.50
Pan Seared Halloumi & Red Onion Ciabatta With Smashed Avocado	£7.95
Cornish Rarebit Ciabatta No. 8 Secret Recipe	£7.50

Wi Fi

Select No. 8 Café & Deli  
and enter the password  
shown on our chalkboards



Keep up to date with No. 8  
news & events and don't forget  
to post a review on Tripadvisor!

**Allergy Advice** Some of our  
dishes contain nuts and we  
cannot guarantee dishes are nut  
free as all food is freshly prepared  
on-site in one kitchen. If you have  
a particular allergy or intolerance  
please speak to a member of staff  
before placing your order.

**DON'T FORGET**  
TO CHECK OUT OUR TEMPTING  
SPECIALS ON THE CHALKBOARDS



# NUMBER EIGHT

## HOT & COLD DRINKS

### COFFEE

Espresso	£1.65
Americano	£2.05 / £2.70
Cappuccino	£2.60 / £2.90
Latte	£2.60 / £2.95
Flat White	£2.75
We prepare our Flat Whites with Voyager Coffee's Roadtrip blend in a modern style 7oz cup with a double ristretto shot topped with velvety steamed milk and a modest layer of foam	
Choice of flavoured syrups	add 55p
Soya Milk	add 20p

**DECAF COFFEE AVAILABLE - please ask when ordering**



**DON'T FORGET TO ASK US ABOUT OUR  
PACKS OF COFFEE TO TAKE HOME**

### HOT CHOCOLATE

Hot Chocolate	£2.60 / £3
No. 8 Hot Chocolate	£3.10 / £3.75
Served with all the trimmings!	

### TEA

Smugglers Brew from the Cornish Tea Company	£1.70
Decaf Tea	£1.95
Earl Grey	£1.95
Twinnings Fruit Teas £1.95	
Cranberry & Raspberry, Peppermint, Lemon & Ginger or Camomile	

## HOMEMADE CAKES

Check out our display of tempting homemade cakes and tray bakes including a number of gluten-free options, which have been made for us by the 'Exploding Bakery' in Exeter

### COLD DRINKS

Still or Sparkling Water	£1.90
Coca Cola or Diet Coke	£1.35
Tonic Water	£1.45
Appletiser	£2.45
Ginger & Lemongrass	£2.45
Orange or Pineapple Juice	£2.55
Britvic J20 Juices £2.45	
Orange & Passionfruit, Apple & Raspberry or Apple & Mango	
Fentimans Traditional £2.55	
Ginger Brew or Dandelion & Burdock	
Cornish Orchards £2.65	
Pressed & bottled in Cornwall	
Choose from Pressed Apple Juice, Elderflower Presse, Orange & Lemonade Sparkle, Cranberry & Raspberry Sparkle or Rhubarb & Vanilla Sparkle	

### MILKSHAKES

Real Ice Cream Milkshakes	£3.10
Choose from Chocolate, Strawberry, Vanilla or Banana	
Smoothies	£3.25
Choose from Raspberry Heaven, Mango Dream, Pineapple Sunset, Acai Burst, Strawberry Fantasy or Strawberry Delight	
Cheeky Moo Shakes	£3.25
Choose from Choc Chip, Smartie Time, Toffee Fudge, Mint Choc Chip or Salted Caramel	

## CORNISH CREAM TEA

- £4.50 -

No. 8 scone with Trewithen Dairy clotted cream, Boddingtons strawberry preserve and a pot of Smugglers Brew

**DON'T FORGET IT'S JAM FIRST  
IN CORNWALL ME 'ANDSOMES!**